



Canoe Camp

Kit: Ideally this should be –

Kayak and paddle

Wetsuit and thermal clothing (thermal top/bottom, or thin fleece)

Canoeing cagaul (waterproof)

Buoyancy aid and helmet.

Stainless steel flask, for a hot drink

Spare thermals which should be carried in a waterproof bag in the canoe (along with lunch).

You will also need warm dry clothes for the Saturday evening along with sleeping bag, carry mat and eating kit (Plate, mug, K,F, S).

The unit processes a number of kayaks/paddles/wetsuits/cags/buoyancy aids/helmets. If you need any items of kit e.g. a kayak, wetsuit etc please give a leader a ring to book Unit kit.

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